

Tanja Thompson
Media Kit

2X BREAST CANCER
SURVIVOR
SPEAKER
AUTHOR
RETIRED 100%
DISABLED
VETERAN



ALL ABOUT

Tanja

Tanja Thompson is the CEO of Transformational Resolution Group. She is the founder of **The Breast Cancer Move Foundation**, a non-profit organization, **TEDx** speaker and organizer, **two-time breast cancer survivor** and **author** of *What to Expect When you Weren't Expecting Breast Cancer*, available on Amazon.



Tanja served her country in the **United States Air Force** and retired after 25 years, as a 100% disabled and decorated veteran. She now serves her community, Loudoun County, in leadership roles such as **Legal Redress Chair for the Loudoun County NAACP, Social Services Board member, Water Board of Directors and the Health Commission**. She is also a member of the Virginia Breast Cancer Foundation and the Veteran Policy Commission. Tanja is also a Federal Bureau of Investigation Citizen Academy alumni.

Tanja holds a Bachelor's in Health Care Services from University of Maryland Global Campus, a Master's in Human Resource Management from Webster University, a PhD (credit) from The Chicago School of Psychology and is currently working on her second graduate degree from the School of Conflict Analysis and Resolution at George Mason University.

TANJA, *the Author*

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When I look at my skin, I cannot believe the effects of radiation therapy. It goes beyond lobster red, it reminds me of someone with 3rd degree burns. My skin has actually started to turn black.

- Tanja Thompson -
*What to Expect When
You Weren't Expecting
Breast Cancer*

Now available on:



★TRANSFORMATIONAL★
★Resolution★
★GROUP★

The seed for **Transformation Resolution Group** was planted when Tanja was diagnosed with breast cancer and when her youngest son, born at 1lb, 5oz, spent 3 months in the hospital before having a liver and kidney transplant at age 14. Tanja had to learn how to speak to medical professionals in a manner in which she would be heard, using language to enhance communication, trust and respect. Using these skills reduced stress, conflict and fear.

Not only does Tanja teach what she loves, she lives the life of a conflict resolution consultant every day.



As a introvert my inner peace and strength comes from having "me time". But when you are thrust into a situation like breast cancer and having a child with differing abilities and doctors telling you he won't make it, you learn to manage your emotions and expectations.

Trainings & Workshops

Supervisory Leadership Skills

This program will allow you to apply your leadership talents to directly acknowledge conflict areas. You will learn steps to increase productivity by coaching performance. In this fun, interactive session, you will discover tools to improve relationships with employees performing below expectations.



Effects of Unresolved Workplace Conflict

The negative effects of workplace conflict can include work disruption, decreased productivity, project failure, absenteeism, and employee turnover. Having a conversation about the conflict is so daunting that workers often go to great lengths to avoid the situation. In this session you will learn the cost of conflict with tips and tools to address the conflict.



Conflict Resolution

How would you like your employees to resolve disagreements before they escalate to conflicts? Do your co-workers see each other as friends or foes? Participants will learn to: communicate clearly; listen with understanding and empathy; engage in respectful dialogue; discover their personal conflict style; and understand others' conflict styles.

Team Building

The program offers new approaches to making teams more effective. The format is informal and based on a series of team-building challenges. It examines concepts of leading teams with high performance demands. Participants identify team issues and help the team produce creative solutions. They discover how to build trust in team members through meeting challenges and develop a plan of action based on program insights.

[Click here for more of Tanja's trainings and workshops](#)

MEDIA & Appearances



SEEN ON:

TEDxAshburn

Money



FEATURED IN:



Loudoun Times-Mirror



GET IN TOUCH WITH *Tanja*

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